



Assumption School

"Learning Today, Leading Tomorrow, Living our Faith"

FEBRUARY 2010

*Be it known to all
who enter here that
CHRIST is the reason
for this school. He is
the unseen but ever
present teacher in its
classes. He is the
model of its faculty
and the inspiration of
its students.*

Our Lady of the
Assumption School

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A Message from Mr. O'Dwyer:

Our school has an exciting series of activities planned for the month of February. We start the month off with the first week of after school skating, Crazy Hat Day and an assembly. Then, in the second week we move into having a school mass and our Valentine's Day parties on February 12th. The third week is consumed with Family Day and Teacher's Convention. We close the month with skiing for Grade 5 and 6 on February 25th and an Olympics day on February 26th. Please feel welcome to participate in any of the activities. In particular, you might want to join us when the students go to Mass on February 12th or for our First Lenten Celebration on February 26th. I am thankful for every chance we have to walk to church and join the congregation for Mass. What a wonderful way to spend a Friday and shift into the weekend. Interestingly, we have received many cards from the congregation commending our children for their good behavior and thanking us for attending. We have such a great example here of school, parents and church working in community serving the children.

February is also the month for provincial surveys. As a parent, you may receive a randomly generated survey. Please take the time to provide your input and send it back to Alberta Education. Your survey responses and discussion at School Council meetings helps us to improve our program to better serve your children. Alberta Education has decided to survey all Grade 4, 5 and 6 children of small schools this year. The increased number of students surveyed will, in the long term, give us a better picture of how to help the children learn and adjust to our rapidly changing culture.

Many thanks for raising such terrific children and for helping us in our work.

Have a terrific February.

Sincerely,
Mr. O'Dwyer





Holy Spirit Catholic Schools Registration



Pre-Kindergarten and Kindergarten Registration – On Now

- **Pre-Kindergarten** is designed to stimulate the growing curiosity of children three (3) and four (4) years of age.
- **Kindergarten** is designed for children five (5) years of age on, or before, December 31, 2010.

If your child requires specialized programming please contact Michelle MacKinnon, Early Learning Coordinator, at (403) 327-9555. You may also wish to schedule a “Developmental Checkup” for your child. See the “Grow Along With Me” website (www.growalongwithme.ca) to schedule an appointment in your community.

New Student Registration Week - February 8-12, 2010

Please contact the school to register your child. Don't forget to bring your child's birth certificate and baptismal certificate. For information about school programs, contact Anisha Gatner at (403) 327-9555, or visit the division website (www.holyspirit.ab.ca).



*Christ-centred learning communities
where students are cherished
and achieve their potential*

Register Early
Enrolment is Limited

SOCK IT TO 'EM 2009

Thanks to everyone for the hard work in collecting socks. Without your help this campaign would not be a success. CUPE 290 collected 8353 pairs of socks. Catholic Charities, Harbour House, Woods Homes, Salvation Army and the Homeless Shelter are very thankful for the donation.

AFTER SCHOOL SKATING

Starting February 4, 2010, the Assumption School after-school family skating will begin at Henderson Park Ice Centre from 3:34 to 4:45 pm. This is FREE skating for families of Assumption School. Children must be accompanied by an adult. CSA approved skating or hockey helmets are MANDATORY. Bicycle helmets are **not** acceptable. After-school skating will continue on each Thursday until March 11, 2010. No skating on February 18 due to teachers' convention.



SNACK SHACK

Thanks to everyone for your great support for the January Snack Shack. 6P will be in charge of the process on Friday, February 5th. The menu will be as follows:

- Veggies and Ranch Dip - \$0.50
- Low Fat Chewy Granola Bar - \$0.25
- Yogurt Tubes - \$0.50
- Cheese String - \$0.50
- Fibre One Chocolate Granola Bar \$0.50
- Apple Sauce \$0.25
- Orange \$0.25
- Fruit to Go \$0.50
- Cereal Mix \$ 0.50

Thanks for your support teaching our students about making wise food choices and for making our school a healthy place to be!

SPECIAL EDUCATION UPDATE

The next Holy Spirit Special Education Parent Council meeting will take place on Wednesday, February 3, from 5:00 to 7:00 p.m. at St. Basil's Education Center. These meetings are open to all parents, and include supper. Please call the Holy Spirit School Division office at (403) 327-9555 to confirm your attendance.

HOLY SPIRIT SCHOOL BOARD MEETINGS

Please be aware that the Board Meeting Brief for the December 16, 2009 Regular Meeting of the Board is now available on the division website at:

<http://holyspirit.ab.ca/page.cfm?pgID=138>

VALENTINE'S DAY:

Individual classrooms will hold Valentine parties on Friday, February 12th. Teachers and room reps will make arrangements for the party. Be watching for details coming home. If giving valentines, please be sure there is one for each student in the class.

BASKETBALL SEASON

Both the boys' and girls' Grade Six basketball teams are practicing their skills and looking forward to an exciting season. Thanks in advance to all the parents who make sure the players have rides to and from all their "away" games. Thanks, too, for picking your sons and daughters up promptly after practices and games. Come out and cheer on our teams!

"A PUBLIC EDUCATION"

A television series about achievement, innovation and personal growth in Southern Alberta schools
Episode #5

- Saturday Jan. 30 at 6:30 pm on Global Lethbridge
- Re-broadcast Thursdays at noon and 7:00 pm on Shaw TV
- View the entire episode or individual stories online at, www.a-public-education.ca

This episode is hosted by students **David Opinko** and **Elisabeth Quinn** of Kate Andrews High School in Coaldale.

CCHS PRESENTS PETER PAN (THE MUSICAL)

Come learn to "fly" with Peter, Wendy, Michael and John in the **CCH Eggplant** with your family as we present our latest production. **Peter Pan** runs **March 5th-6th and March 9th-13th at 7:30 pm** and **Sunday March 7th & Saturday March 13th at 1:30 pm**. Tickets (**reserved seating**) are \$15.00 for evening performances and \$10 for matinees, **available only at the CCH office**, so get your tickets early to get the seat that works for you. Group rates are available. Ticket sales start Feb 4th. For more information contact Mark Nixon at 403 327-4596. Looking forward to seeing you in Never-Never Land!

ALL SAINTS PARISH NEWS

Sunday, February 28th 2 - 4 pm at Assumption Hall there will be an information afternoon on the new revised building program for All Saints Parish. Plans for the new

church as well as the plans to restore St. Patrick's and create Columbarium will be presented.

Fundraising Dinner & Dance Saturday, February 6th, 6:30 pm at the Polish Hall. Tickets available at the Parish Office. All proceeds to the All Saints Building Projects.

First Communion workshop #1 – Thursday, February 4, 7:00 pm at Assumption Hall.

Rite of Enrollment, Saturday, February 6th, 5:00 pm Mass at Assumption Church.

FEBRUARY PARENT COUNCIL & PARENT FUND RAISING COMMITTEE HIGHLIGHTS

The Parent Fund Raising Committee is looking forward to the Olympic Read-a-thon taking place the first two weeks of February. The students in the school are challenged to read each night and help the school reach its goal of 65,000 minutes, and raise money for the library and school outings. Watch for information packages coming home.

The PFRC is also hoping to do a school logo clothing order in March, offering t-shirts and hoodies. For more information, call Anne Van Roon at 403-380-6605.

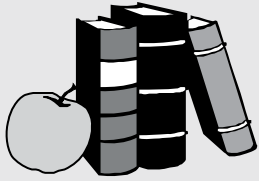
Our next Parent Council and Parent Fund Raising Committee meetings will be held Wednesday, February 10th, 2010 in the Assumption School staff room at 6:30 pm. Everyone is invited to attend.

SCIENCE FAIR

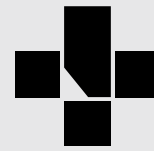
Attention all grade 4, 5, and 6 students! The Our Lady of the Assumption School Science Fair will take place on March 16 and 17. This year we will have students register to participate; forms are due March 5. Please see Mrs. Graf to pick up and drop off the forms. Students who are experiencing difficulty finding a project are welcome to see Mrs. Graf for assistance. We've had tremendous projects in the past, so we look forward to more wonderful work!

SCHOOL NEWSLETTER

Help us go electronic by receiving your family's newsletter by email. To receive our newsletter go to www.holyspirit.ab.ca/assumption/ and enter your email address at the "Newsletter Signup Link". Whenever we post a new newsletter you will automatically receive it by email. If you no longer wish to receive a paper copy, please drop a note by the office with your child's name and homeroom.



Healthy Schools Healthy Futures



**Alberta Health
Services**

H1N1 Immunization

The Pandemic (H1N1) 2009 influenza continues to circulate in Alberta. Vaccination is the single best defence against H1N1, and we recommend all Albertans get their vaccination.

H1N1 vaccine is still available to all Albertans six months of age and over.

For information on Influenza Immunization Clinics in your area:

www.albertahealthservices.ca
or call Health Link at 1-866-408-5465

Picky Eaters

Building Healthy Lifestyles is now offering a free class geared to parents and caregivers of toddlers and preschool aged children who struggle with meals. The class gives strategies to develop healthy eating.

Friday, February 26th from 1:00 -3:00 p.m.
Monday, March 22nd from 9:00-11:00 a.m.
Monday, April 19th from 4:30-6:30 p.m.
Tuesday, May 25th from 9:00-11:00 a.m.
Tuesday, June 15th from 4:30-6:30 p.m.

**Pre-register for classes by calling 403-388-6654
or toll free 1-866-506-6654.**

Healthy Active School Symposium

February 9th, Lethbridge

The goal of the Healthy Active School Symposium (HASS) is to help create and support healthy active school communities by connecting the partners that make it happen. The day will include many opportunities for school teams to participate in activity, as well as share, learn and plan.

This event is co-sponsored by Ever Active Schools and Alberta Health Services – Healthy Weights

To register: www.everactive.org

February is Heart Month

For any child, regular physical activity is vital, because it strengthens the heart and helps maintain a healthy body weight. It also:

- reduces blood pressure, risk of diabetes and some cancers
- improves levels of good cholesterol and lowers bad
- improves sense of well-being, decreases stress
- helps to build good lifestyle habits

Children should be active for 60-90 minutes per day, on most days of the week.

www.healthyalberta.com

Winter Helmet Safety

With the arrival of winter, many families will head outside to enjoy some winter activity. Unfortunately, many Canadians suffer head injuries when they do not take the necessary safety precautions.

Make sure all family members wear an approved helmet every time you sled, toboggan, ski, snowboard, skate and snowmobile this winter.

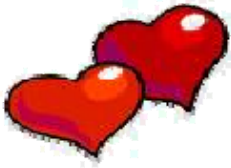
For more information, visit www.safekids.ca.

Vehicle Safety for Kids

Transport Canada says more than a third of children are not properly restrained when riding in a vehicle. Guidelines:

- Under 13 years should not ride in the front seat – especially with an active airbag.
- Over 40 lbs (18 kg) should be properly buckled into a booster seat until they weigh 80 lbs (36 kg) or measure 4'9" (145cm).
- When ready for an adult seatbelt, wear the shoulder belt over the shoulder (not under their arm or across the neck) and the lap belt should sit low on the hips.

For more information, visit Transport Canada's website at www.tc.gc.ca.



FEBRUARY



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Staff Meeting Early Dismissal At 2:30 pm No Pre-K classes	2 Boys' Basketball game at St. Paul's 	3	4 Boys' Basketball game St. Mary's here After-school Skating 3:45 – 4:45 pm Henderson Arena	5 Crazy Hat Day Snack Shack Assembly 12:40 pm Dismissal at 1:15 pm	6
7	8 Grade 6 visit to St. Francis Junior High 9:00 am 100 th Day of school	9 Boys' Basketball game St. Martha's here	10 School Council meeting 6:30 Girls' Basketball game at St. Martha's	11 Boys' Basketball Game at FLVT 1/2M Aggie Days After-school Skating 3:45 – 4:45 pm Henderson Arena	12 School Mass Assumption Church 9:00am Valentine's Day parties Dismissal at 1:15 pm	13
14 Valentine's Day 	15 Family Day No School	16 School Closed	17 School Closed Ash Wednesday	18 Teachers' Convention No School No skating	19 Teacher's Convention No School	20
21	22 Girls' Basketball Game at St. Mary's	23	24	25 Ski Trip Grades 5 & 6 After-school Skating 3:45 – 4:45 pm Henderson Arena	26 1 st Lenten Celebration 2L  Dismissal at 1:15 pm	27
28						