

Affirm, Refine, Aspire

HS4 Learning Services - June 2021

Congratulations!!

We have [almost] made it to the end of a very challenging school year. The learning and growth that occurred for *all* of us (students and staff alike) is a testament to our dedicated, compassionate and faith-filled staff in all of our schools. I hope you enjoy taking a peek at some of the 'One Great Thing' submissions from your colleagues. There is much to celebrate in *all* of our classrooms.



I wish you a restful, rejuvenating summer vacation and look forward to seeing you in August. For those who are retiring or moving on to other endeavours, may God's grace lead you on the next stage of your journey.

Carmen Larsen, Director of Learning

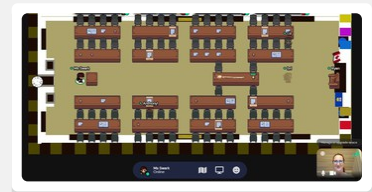
*Thank you to all who submitted their #HS4 One Great Thing! Congratulations to **Sandra Cormican** from The Children of St. Martha School who was drawn from all submissions as the winner of the Summer Fun Prize Pack! Thank you for sharing your good news story. Your prize will be delivered to your school.*



Drum Band!



Christmas Kindness Cart!



A Virtual Assembly!

What's YOUR #HS4 One Great Thing?

"The way that the Holy Spirit **Community came together** to support the staff and students of St. Michael School in Pincher Creek in February, when they lost a student. The **care and compassion** that the entire division showed, was a testament to the Holy Spirit Family." *Anonymous*



"My class blew me away in their flexibility to pivot online and their **enthusiasm** to return to school. They completed a ton of **amazing, valuable work** while at home and I am **so proud** of them for having taken **ownership of their learning**." *J. Martinez*

"**Starting up a kindness cart** with my Gr. 1 class." *J. Weatherhead*

Hands down, mine has to be a successful and meaningful virtual **Student Retreat** for the AHL 9 students tied to our **Religious theme** for the year - **Transformed by the Journey (together)**. *T. Carmichael-Young*

"**Starting** the school year together with Opening Mass...**and staying connected** all year! *T. Wever*

As an **At Home Learning** teacher I was able to spend some time one on one with other students **within the school**, whether it be quick hugs at the door, elbow bumps, hockey talk, supervision, and work time in my classroom. *V. Mabin*

"One student in particular came to my room regularly for a quiet work place. We would talk about things while he worked and created a pretty neat little bond with each other. It was **neat to watch the relationship build** because I'd never got to teach him. Today in particular was one of the best days. He had worked so hard this week to earn all of his check marks and was able to receive his **reward**. He had a list of things he could choose from, such as extra gym, playground, etc. and he choose coming to my room to spend it with me. We decided to paint with shaving cream and glue, so fun. This is what we came up with. **Pretty fitting art for a time like this**. It doesn't seem like much, but it was **very special** to me." *V. Mabin*

"This year our Kindergarten class took **learning outside!** We explored a variety of scientific, mathematical, environmental, religious, and community concepts every afternoon either with our "**Discovery Wagon**" or using the "**Walking Curriculum**" (by Gillian Judson). We enjoyed **getting connected** with nature and **freely exploring** the world around us." *S. Cormican*

"**Learning new things** and having the chance to **explore, connect** with kids in a new way, and **develop new skills**." *C. Swark*

Division Principal Annette Bruised Head, First Nations, Metis and Inuit support workers, teachers, and administrators met for **Virtual Tea and Bannock gatherings**. We learned about **connections** to the land, story telling, and Indigenous perspectives in curriculum. It was a **safe and welcoming space for all learners**. *D. Brodie*



Newspaper Created by Students!



School Year 2020 - 2021 ~ We Stayed Connected!



Mr. Ken Sampson, Superintendent of Schools - Opening Mass

Teacher Self Care Bingo

You win by marking off any square at all!

You can mark the same square over and over, if that's what will fill you up. You can change out suggestions to suit you if your aim is 5 squares in a row. However you choose to play, it is our hope that you prioritize self-care for yourself. Make a habit this summer of focusing on your well-being. By taking care of you, you will be better able to serve our students in the fall.

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|--------------------------------------------------------------|-----------------------------------------------------------|-----------------------------------------------------------------------|-------------------------------------------------------------------------------|---------------------------------------------------|
| Plan an family activity. | Learn something not teaching related! | Have a spa day - either at a real spa or at home. | Try a new recipe for dinner. | Turn your alarm off and sleep until you are done. |
| Go for a walk and take notice of the scenery. | Listen to a podcast such as 'Ascension' with Father Mike. | Take a break from everything and be OK with it. | Do a mini digital detox and put your phone down for 24 hours. | Read a whole novel and tell someone about it. |
| Listen to your favorite playlist. | Eat fruits and vegetables. | Choose something that will fill you up!! | Declutter your life and donate some clothing or items that you no longer use. | Binge watch a new TV show. |
| Saying no can be hard. Say no to something this summer. | Turn off the news for awhile. | Make a point to drink at least 8 glasses of water one day. | Change your scenery. Go for a drive and see where the road takes you. | Do something creative. Start a new hobby. |
| Support others. Help a friend, donate to charity/ volunteer. | Text an old friend/ family member. | Laugh! Watch a comedy show, read a funny book, or laugh with friends. | Take time to pray, meditate or reflect. | Exercise, dance, walk, stroll - move. |



Holy Spirit Catholic Schools

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Working together to improve student learning.

Source credits for this publication: [here](#)

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