

Counselling Philosophy

School Counselling Services are an integral and essential component of the educational process for our students. The need of these services is dictated by the complexity of the human growth process, the demands on youth and the ever-changing nature of society



Holy Spirit Roman Catholic Separate
Regional Division No. 4

Website: www.holyspirit.ab.ca

620 12th St. B North

Lethbridge, Alberta, T1H 2L7

Phone: 403.327.9555

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For more information regarding the Family School Liaison Counsellors (FSLC) please visit the Holy Spirit Website or contact one of the FSLC's at the schools.

Holy Spirit Catholic School Family School Liaison Counsellors

Coordinator of Counselling & Wellness
Holy Spirit School Division
Anita Lethbridge-Gross
Holy Spirit School Division Office—403.327.9555

Family School Liaisons are available at each school, please contact one of the following schools to access support.

Bow Island
St. Michael - 403.542.2131

Coaldale
St. Joseph — 403.345.3373

Taber
St. Mary — 403.223.3165
St. Patrick — 403.223.3352

Pincher Creek
St. Michael — 403.627.3488

Picture Butte
St. Catherine — 403.732.4359

Lethbridge
C.A.R.E Campus — 403.331.6421
Catholic Central High School East — 403.327.4596
Catholic Central High School West — 403.327.4596
Children of St. Martha — 403-381-8110
École St. Mary—403.327.3098
Father Leonard van Tighem – 403.381.0953
Our Lady of Assumption — 403.327.5028
St. Francis Junior High—403.327.3402
St. Patrick Fine Arts Elementary — 403.327.4386
St. Paul — 403.328.0611
St. Teresa of Calcutta—587.787.1490

Family School Liaison Counselling (FSLC)

Holy Spirit Roman Catholic Separate Regional
Division No. 4



*“A Christ - centered learning
community where students are
cherished and achieve their
potential”*

*All God's
Children*

*Excellence in
Learning*

Sacramentality

*Our Collaborative
Community*

Ministry

Stewardship

Family School Liaison Counselling

The Family School Liaison Counselling Program creates a valuable link between home, school and other agencies. The Program provides services directly for children and families. These services are free and available to any family with students attending schools within the Holy Spirit Catholic School Division.



Accessing Counselling Services

Counselling services can be accessed through several means. Students /families can talk to school personnel (teacher, principal, associate principal or the Inclusive Education Liaison) or talk to the counsellor directly (drop into the counsellor’s office, leave a note in the counsellor’s mailbox or call the counsellor directly at the school).

The Counselling Process

When a referral is made, the counsellor identifies needs and options. If the presenting concerns require long term help or a specific service, the counsellor will refer to other professionals for assistance.

Counsellors will assist teachers and Inclusive Education Liaisons with behavioural management plans for special needs students.

Counsellors are also available to provide training sessions on a variety of topics for students, teachers and parents.



Student / Family Rights

The Student and/or family members have the right to ask questions or get clarification at any time in the counselling process. In addition, because involvement in the Family School Liaison Program is completely voluntary, the student and/or family members have the right to stop receiving counselling sessions at any time, upon notifying the counsellor.

Confidentiality

Information related to children, youth and their families shall be treated as confidential information and shall not be published, released or disclosed to unauthorized persons or agencies without signed parental consent. Family School Liaison Counsellors in the Holy Spirit Catholic School Division are bound by each individual’s professional association.

The Freedom of Information and Protection of Privacy

The Freedom of Information and Protection of Privacy legislation outlined the Guide to Providing Counselling Services in School Jurisdictions (March 2007). The Family School Liaison Counsellor will only disclose information to persons who, by virtue of their responsibilities, have an identified need to know, and only for the purpose of helping the child.