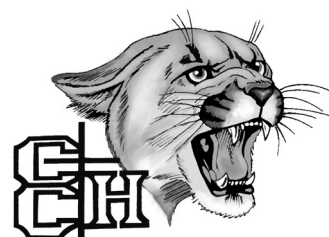


Cougar Athletic Awards

Male Athlete of the Year

Name	Year
St Francis Boys School	
<i>Bob Rohaly</i>	1959
	1960
<i>Jack Gleason</i>	1961
	1962
<i>Dennis Walshe</i>	1963
	1964
<i>Alan Ellert</i>	1965
<i>Jim Campbell</i>	1966
Catholic Central High School	
<i>Cal O'Brien</i>	1967
<i>John Molyneux</i>	1968
<i>Aurelio Delbello</i>	1969
<i>Bill Harbuz, Alec Dudas</i>	1970
<i>John Dudas</i>	1971
<i>Peter Sikora</i>	1972
<i>Randy Royer</i>	1973
<i>Guy Pomahac</i>	1974
<i>Steve Devcic</i>	1975
<i>Morgan Munroe</i>	1976
<i>Tim Gross, Paul LeClaire</i>	1977
<i>Dave Berlando</i>	1978
<i>Pete LeClaire</i>	1979
<i>Brad Koskowich</i>	1980
<i>Brian LeClaire</i>	1981
<i>Shawn Gilborn</i>	1982
<i>Frankie Fraulin</i>	1983
<i>Gary Saler</i>	1984
<i>Mike Myndio</i>	1985
<i>Des Sullivan</i>	1986
<i>Mike Lynagh</i>	1987
<i>Dan Martyna</i>	1988
<i>Shaun Killins</i>	1989

<i>Ian Miller</i>	1990
<i>Tom Rodzinyak</i>	1991
<i>Clay Rook, Dale Comchi</i>	1992
<i>Rob Izsak, Greg Kelenc</i>	1993
<i>Brad Higginson</i>	1994
<i>Regan Lane</i>	1995
<i>Joe Kelenc</i>	1996
<i>Chris Noss</i>	1997
<i>Rob Slavich</i>	1998
<i>Tyler Rice</i>	1999
<i>Beau Filkowski</i>	2000
<i>Devin Mulder</i>	2001
<i>Brian Nelis</i>	2002
<i>Mike Stewart</i>	2003
<i>David Collier</i>	2004
<i>Jerrod Mulder</i>	2005
<i>Tom Collier</i>	2006
<i>Garrett Gruber</i>	2007
<i>Devon Van Nistelrooy</i>	2008
<i>Dario Pasquotti</i>	2009
<i>Peter Credico</i>	2010
<i>Taylor Jetten, Brennan VanNistelrooy</i>	2011
<i>Troy Eriksen</i>	2012
<i>Nico Pasquotti</i>	2013
<i>Braydon Jetten</i>	2014
<i>Jared Dyck</i>	2015
<i>Leif LeClaire</i>	2016
<i>Cole Stroud</i>	2017
<i>Nolan Jetten</i>	2018



Cougar Athletic Awards

Female Athlete of the Year

Name	Year
<i>Theresa Kinahan</i>	1980
<i>Romina Feher, Dawn Fry</i>	1981
<i>Dori Rodzinyak, Dawn Fry</i>	1982
<i>Sandra Yanosik, Vanessa Pittman</i>	1983
<i>Margie Gal</i>	1984
<i>Barb Kortt</i>	1985
<i>Laura Bethlehem</i>	1986
<i>Martina Szilagyi</i>	1987
<i>Vanessa Upton</i>	1988
<i>Sandra Royer</i>	1989
<i>Evelyn Scholten</i>	1990
<i>Tanya Huggins, Janice Gyorkos</i>	1991
<i>Robin Murphy</i>	1992
<i>Crystal Kain</i>	1993
<i>Melanie Marek</i>	1994
<i>Sarah Joly, Trish Whimster</i>	1995
<i>Nicole McKenzie, Michelle Gibb</i>	1996
<i>Anita Nelis</i>	1997
<i>Brianne Robertson</i>	1998
<i>Michelle Kincheloe</i>	1999
<i>Jessica Fox</i>	2000
<i>Amanda Weitz, Jackie Stroeve</i>	2001
<i>Chantel Mulder</i>	2002
<i>Kelsey Jespersen</i>	2003
<i>Melissa Weitz</i>	2004
<i>Teneille Mulder</i>	2005
<i>Amanda Walker</i>	2006
<i>Janelle Groten, Jaclyn Groten</i>	2007
<i>Terra Kaskiw</i>	2008
<i>Brittany Novak</i>	2009
<i>Courtenay Farrington</i>	2010
<i>Katie Lowen</i>	2011
<i>Nikki Furukawa</i>	2012
<i>Mariah Miller, Alycia Amatto</i>	2013
<i>Gina Kowalchuk</i>	2014

Female Athlete of the Year

Name	Year
<i>Lindsay Amatto, Cassie Kawa</i>	2015
<i>Mylanda Miller</i>	2016
<i>Ellei Kabayama</i>	2017
<i>Ashley Sazalski</i>	2018

BASKETBALL

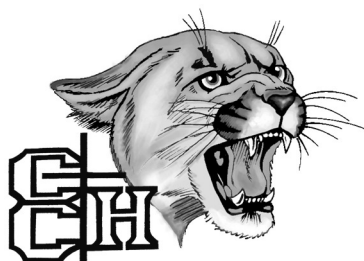
Female JV Top Scorer

Name	Year
<i>Melanie Marek</i>	1993
<i>Kim Simons</i>	1994
	1995
<i>Brianne Noss</i>	1996
<i>Jennifer Neufeld</i>	1997
<i>Melissa Prokop</i>	1998
<i>Christie Forster</i>	1999
<i>Chantal Mulder</i>	2000
<i>Keely Kavanagh</i>	2001
<i>Melissa Weitz</i>	2002
<i>Janelle Feller</i>	2003
<i>Sondra Christensen</i>	2004
<i>Finola Black Plume</i>	2005
<i>Tressa Yellow Horn</i>	2006
<i>Quintina Frandsen</i>	2007
<i>Chloe Crosschild</i>	2008
<i>Mickenzie Kinahan</i>	2009
<i>Katie Perlich</i>	2010
<i>Alycia Amatto</i>	2011
<i>Kory Cheshire</i>	2012
<i>Mariah Miller</i>	2013
<i>Madeline Szabo</i>	2014
<i>Madeline Szabo</i>	2015
<i>Gracie Boser</i>	2016
<i>Ashley Sazalski</i>	2017
<i>Kyra Collier</i>	2018

Cougar Athletic Awards - Basketball

Female - Rookie of the Year	
Name	Year
<i>Crystal McPherson</i>	1992
<i>Tricia Whimster</i>	1993
<i>Kim Simons</i>	1994
<i>Rebecca Phillips</i>	1995
<i>Brianne Noss</i>	1996
<i>Michelle Kincheloe</i>	1997
<i>Jessica Fox</i>	1998
<i>Meagan Motuz</i>	1999
<i>Maggie Fox</i>	2000
<i>Kelsey Jespersen</i>	2001
<i>Keely Kavanagh</i>	2002
<i>Jessica Wright</i>	2003
<i>Sondra Christensen</i>	2004
<i>Finola Black Plume</i>	2005
<i>Terra Kaskiw, Tressa Yellow Horn</i>	2006
<i>Vanessa Monaghan</i>	2007
<i>Courtney Primrose</i>	2008
<i>Taya Keujer</i>	2009
<i>Nikki Furukawa</i>	2010
<i>Mariah Miller</i>	2011
<i>Caitlin Langhofer</i>	2012
<i>Lindsay Amatto</i>	2013
<i>Mylanda Miller</i>	2014
<i>Ellie Kabayama</i>	2015
<i>Maitlynn Miller</i>	2016
<i>Ashley Sazalski</i>	2017
<i>Kyra Collier</i>	2018

Female - 110% Player Award	
Name	Year
<i>Sherry Kropinak</i>	1981
<i>Sandra Yanosik</i>	1982
<i>Lorraine Beaudin</i>	1983
<i>Jackie Riske</i>	1984
<i>Suzanne Rodzinyak, Diana Smits</i>	1987
<i>Diane Willis</i>	1988
<i>Michele Izsak</i>	1989
<i>Evelyn Scholten</i>	1990
<i>Janice Gyorkos</i>	1991
<i>Helen Koliass</i>	1992
<i>Lynae Walters, Janine Vaselenak</i>	1993
<i>Jennefer Pawlak</i>	1994
<i>Lindsay Wagner</i>	1995
<i>Nicole McKenzie</i>	1996
<i>Rebecca Phillips</i>	1997
<i>Jill Erlandson</i>	1998
<i>Kelly Fress</i>	1999
<i>Meagan Motuz</i>	2000
<i>Meagan Motuz</i>	2001
<i>Lisa Lajeunesse</i>	2002
<i>Jaclyn Dudas</i>	2003
<i>Jaclyn Dudas</i>	2004
<i>Megan Gajdostik</i>	2005
<i>Jaclyn Groten, Janelle Groten</i>	2006
<i>Sarah Lajeunesse</i>	2007
<i>Tara Erdos</i>	2008
<i>Courtney Primrose</i>	2009
<i>Courtney Primrose</i>	2010
<i>Sarah Royer</i>	2011
<i>Nikki Furukawa</i>	2012
<i>Alycia Amatto</i>	2013
<i>Shaelynn Adams</i>	2014
<i>Mylanda Miller</i>	2015
<i>Ellie Kabayama</i>	2016
<i>Ellie Kabayama</i>	2017
<i>Ashley Sazalski</i>	2018



Cougar Athletic Awards - Basketball

Female - Defensive Player Award	
Name	Year
<i>Lorraine Beaudin</i>	1983
<i>Lorraine Beaudin</i>	1984
<i>Laura Bethlehem</i>	1985
<i>Martina Szilagyi</i>	1986
<i>Vanessa Upton</i>	1987
<i>Sherri McInnis</i>	1988
<i>Janice Gyorkos</i>	1989
<i>Janice Gyorkos</i>	1990
<i>Candice O'Connor</i>	1991
<i>Robin Murphy</i>	1992
<i>Jennefer Pawlak</i>	1993
<i>Trish Whimster</i>	1994
<i>Sarah Joly</i>	1995
<i>Nicole McKenzie</i>	1996
<i>Gina Pasquotti</i>	1997
<i>Christina Matteotti</i>	1998
<i>Michelle Kincheloe</i>	1999
<i>Andrea Fox</i>	2000
<i>Amanda Weitz</i>	2001
<i>Kelsey Jespersen</i>	2002
<i>Jade Schweitzer</i>	2003
<i>Jade Schweitzer</i>	2004
<i>Teneille Mulder, Sondra Christensen</i>	2005
<i>Megan Gajdostik</i>	2006
<i>Terra Kaskiw</i>	2007
<i>Vanessa Monaghan</i>	2008
<i>Laura-Lee Dore</i>	2009
<i>Stephanie Groten</i>	2010
<i>Stephanie Groten</i>	2011
<i>Alycia Amatto</i>	2012
<i>Lyndee Saler</i>	2013
<i>Caitline Langhofer, Hannah Fugeson</i>	2014
<i>Carly Ironshirt/Cassie Kawa</i>	2015

Female - Defensive Player Award	
Name	Year
<i>Maria Blanco</i>	2016
<i>Jacynda Conroy</i>	2017
<i>Ashley Sazalski</i>	2018

Female - Varsity Top Scorer	
Name	Year
<i>Evelyn Ambrozic</i>	1977
<i>Evelyn Ambrozic</i>	1978
<i>Diane Irvine</i>	1979
<i>Dawn Fry</i>	1980
<i>Dawn Fry</i>	1981
<i>Dawn Fry</i>	1982
<i>Linda Smith</i>	1983
<i>Margie Gal</i>	1984
<i>Barb Babott</i>	1985
<i>Barb Babott</i>	1986
<i>Martyna Szilagyi</i>	1987
<i>Vanessa Upton</i>	1988
<i>Evelyn Scholten</i>	1989
<i>Tanya Huggins</i>	1990
<i>Tanya Huggins</i>	1991
<i>Crystal Kain</i>	1992
<i>Crystal Kain</i>	1993
<i>Crystal McPherson</i>	1994
<i>Melanie Marek</i>	1995
<i>Carla Ferrari</i>	1996
<i>Carla Ferrari</i>	1997
<i>Jennifer Neufeld</i>	1998
<i>Jennifer Neufeld</i>	1999
<i>Jessica Fox</i>	2000
<i>Chantel Mulder</i>	2001

Cougar Athletic Awards - Basketball

Female - Varsity Top Scorer	
<i>Chantel Mulder</i>	2002
<i>Jessica Wright, Kelsey Jespersen</i>	2003
<i>Brett Coleman</i>	2004
<i>Jenelle Feller, Mandi Walker</i>	2005
<i>Mandi Walker</i>	2006
<i>Janelle Groten</i>	2007
<i>Finola Black Plume</i>	2008
<i>Taya Keujer</i>	2009
<i>Taya Keujer</i>	2010
<i>Taya Keujer</i>	2011
<i>Mariah Miller</i>	2012
<i>Mariah Miller</i>	2013
<i>Lyndsay Amatto</i>	2014
<i>Lindsay Amatto</i>	2015
<i>Mylanda Miller</i>	2016
<i>Maitlynn Miller</i>	2017
<i>Chloe Bevans</i>	2018

Female - Most Valuable Player	
Name	Year
<i>Jean McDonald</i>	1977
<i>Bev Jackson, Evelyn Ambrozie</i>	1978
<i>Diane Irvine</i>	1979
<i>Angela Saccomani</i>	1980
<i>Caroline Ambrozic</i>	1981
<i>Dori Rodzinyak, Dawn Fry</i>	1982
<i>Linda Smith</i>	1983
<i>Margie Gal</i>	1984
<i>Barb Kortt</i>	1985
<i>Laura Bethlehem</i>	1986

Female - Most Valuable Player	
<i>Martina Szalagyi</i>	1987
<i>Carmen Knutson, Vanessa Upton</i>	1988
<i>Sandra Royer</i>	1989
<i>Sue Meyers</i>	1990
<i>Tanya Huggins, Janice Gyorkos</i>	1991
<i>Candice O'Connor</i>	1992
<i>Crystal Kain</i>	1993
<i>Crystal McPherson</i>	1994
<i>Trish Whimster, Melanie Marek</i>	1995
<i>Nicole McKenzie</i>	1996
<i>Jennifer Kramer</i>	1997
<i>Jennifer Neufeld</i>	1998
<i>Jennifer Neufeld</i>	1999
<i>Jessica Fox</i>	2000
<i>Shilo Coleman</i>	2001
<i>Maggie Fox, Chantel Mulder</i>	2002
<i>Kelsey Jespersen</i>	2003
<i>Melissa Weitz, Brett Coleman</i>	2004
<i>Teneille Mulder</i>	2005
<i>Finola Black Plume, Mandi Walker</i>	2006
<i>Jaclyn Groten, Janelle Groten</i>	2007
<i>Finola Black Plume, Terra Kaskiw</i>	2008
<i>Vanessa Monaghan</i>	2009
<i>Taya Keujer</i>	2010
<i>Taya Keujer, Katie Lowen</i>	2011
<i>Nikki Furukawa, Sydney Voogle</i>	2012
<i>Mariah a Miller</i>	2013
<i>Lyndee Saler</i>	2014
<i>Lindsey Amatto</i>	2015
<i>Mylanda Miller</i>	2016
<i>Maitlynn Miller</i>	2017
<i>Gracie Boser</i>	2018

Cougar Athletic Awards - Basketball

Female - Most Improved Player	
Name	Year
<i>Samantha Stahl</i>	2011
<i>Gabby Duff</i>	2012
<i>Jessica Duncan</i>	2013
<i>Carly Ironshirt</i>	2014
<i>Taya Mikado</i>	2015
<i>Sydney Kerr</i>	2016
<i>Nikki Stahl</i>	2017
<i>Alissa Crawford</i>	2018

Female - Leontine Pot Memorial Award	
Name	Year
<i>Amanda Red Crow</i>	2007
<i>Amanda Red Crow</i>	2008
<i>Chloe Cross Child, Kathleen Bergsma</i>	2009
<i>Kathleen Bergsma</i>	2010
<i>Erin Kelly</i>	2011
<i>Abuk Duot</i>	2012
<i>Shareen Monaghan</i>	2013
<i>Raeanne Kinahan</i>	2014
<i>Amelia Stoddart / Amy Gruninger / Alyssa Van Vaerenbergh</i>	2015
<i>Nikki Stahl</i>	2016
<i>Floriane Houenagnon/ Sydney Kerr</i>	2017
<i>Chloe Bevans/Hailey Schneider</i>	2018

Female - Leontine Pot Memorial Award	
Name	Year
<i>Pam Bennett</i>	1988
<i>Niclole Kinniburgh</i>	1989
<i>Laurie Zimmer</i>	1990
<i>Hellen Kalias</i>	1991
<i>Colene Graham, Viola Casis</i>	1992
<i>Crystal McPherson</i>	1993
<i>Cori Watson</i>	1994
<i>Michelle Villeneuve</i>	1995
<i>Allison Huggins</i>	1996
<i>Anita Nelis</i>	1997
<i>Brianne Robertson</i>	1998
<i>Kelly Fress</i>	1999
<i>Rana Delaney</i>	2000
<i>Maggi Fox</i>	2001
<i>Kelsey Kinahan</i>	2002
<i>Brittany Shimek</i>	2003
<i>Whitney Grbavac</i>	2004
<i>Sondra Christensen</i>	2005
<i>Megan Gajdostik</i>	2006

JV Girls Core Covenant Award	
Name	Year
<i>Amy Gruninger, Alyssa VanVaerenbergh</i>	2014
<i>Madalynn Guzowski / Nikki Stahl</i>	2015
<i>Matea OBara</i>	2016
<i>Alex Pasquotti/Hailey Schneider</i>	2017
<i>Magiure Miller/Abigayil Clapton</i>	2018

Cougar Athletic Awards - Basketball

Male - Junior Varsity Top Scorer	
Name	Year
<i>Sean Keenan</i>	1977
<i>Bill Papp</i>	1978
<i>Pete Lavoratto</i>	1979
<i>Kevin Kinahan</i>	1980
<i>Eric Stanley</i>	1981
<i>Mark Hoveling</i>	1982
<i>Dino Pasquotti</i>	1983
<i>Dean Homulos</i>	1984
<i>Jim Kaminski</i>	1985
<i>Vince Toth</i>	1986
	1987
<i>Spike Scholten</i>	1988
<i>Ian Miller</i>	1989
<i>Ryan Seeman</i>	1990
<i>Colin Ward</i>	1991
<i>Rob Izsak</i>	1992
<i>Regan Lane</i>	1993
<i>Brad Wall</i>	1994
<i>John Cohen</i>	1995
<i>Rob Slavich</i>	1996
<i>Jay Wellis</i>	1997
<i>Mark Krezlewicz</i>	1998
<i>Tico Ironshirt</i>	1999
<i>Brian Nelis</i>	2000
<i>Brandon Magierowski</i>	2001
<i>Jeff Waldner</i>	2002
<i>Jerrod Mulder</i>	2003
<i>Shawn Hooper</i>	2004
<i>Joey Dyck</i>	2005
<i>Garrett Gruber</i>	2006
<i>Dario Pasquotti</i>	2007
<i>Shayne Pardiac</i>	2008
<i>Conor Delbello</i>	2009
<i>Zach Pardiac</i>	2010
<i>Nico Passquotti</i>	2011
<i>Garrett Kawa</i>	2012
<i>Braydon Jetten</i>	2013

Male - Junior Varsity Top Scorer	
<i>Keaton Josuettes</i>	2014
<i>Keaton Josutttes</i>	2015
<i>Avery Hoffman</i>	2016
<i>Shea Gibb</i>	2017
<i>Inigo Castro</i>	2018

Male - Rookie of the Year	
Name	Year
<i>Rob Izsak</i>	1992
<i>Regan Lane</i>	1993
<i>Rob Kain</i>	1994
<i>Chad Wells</i>	1995
<i>Mike Tedesco</i>	1996
<i>Ryan Cain</i>	1997
<i>Juliano De Brito</i>	1998
<i>Kenny Wells</i>	1999
<i>Tico Ironshirt</i>	2000
<i>Brian Nelis</i>	2001
<i>Ken Fugelrud</i>	2002
<i>A.J. Kennedy</i>	2003
<i>Chance Lemisko</i>	2004
<i>Jared Garrick</i>	2005
<i>Luc Rajcic</i>	2006
<i>Dario Pasquotti, Jordan Campbell</i>	2007
<i>Shane Dustan</i>	2008
<i>Taylor Jetten</i>	2009
<i>Matteo Pasquotti</i>	2010
<i>Nico Pasquotti</i>	2011
<i>Garrett Kawa</i>	2012
<i>Rory Russell</i>	2013
<i>Keaton Josutttes</i>	2014
<i>Shawn Adams</i>	2015
<i>Nathan Chua</i>	2016
<i>Ben Hoveling</i>	2017
<i>Shea Gibb</i>	2018

Cougar Athletic Awards - Basketball

Male - 110% Player Award	
<i>Clay Rook</i>	1992
<i>David Kolesar</i>	1993
<i>Regan Lane, Lucas Ferguson</i>	1994
<i>Rob Kain</i>	1995
<i>Chad Wells</i>	1996
<i>James Wagner</i>	1997
<i>David Besaw</i>	1998
<i>Tyler Rice</i>	1999
<i>Beau Filkowski</i>	2000
<i>Devin Mulder</i>	2001
<i>Terrance Frank</i>	2002
<i>Dave Collier</i>	2003
<i>Jerrod Mulder</i>	2004
<i>Jerrod Mulder</i>	2005
<i>Brandon Erdos</i>	2006
<i>Tyrell Stinn</i>	2007
<i>Jordan Curteanu</i>	2008
<i>Jordan Curteanu</i>	2009
<i>Grayson Mutter</i>	2010
<i>Brennan VanNistelrooy</i>	2011
<i>Matteo Pasquotti, Connor Hinman</i>	2012
<i>Joey Cavilla</i>	2013
<i>Braydon Jetten</i>	2014
<i>Ben Kelly</i>	2015
<i>Brady Collier</i>	2016
<i>Kaydon Davidson</i>	2017
<i>Ben Hoveling</i>	2018

JV Boys Cougar Core Covenant	
Name	Year
<i>Leif LeClaire</i>	2014
<i>Brady Collier</i>	2015
<i>Nolan Jetten</i>	2016
<i>Reid LeClaire</i>	2017
<i>Magiure Miller/Fernado Vega</i>	2018

Male - Best Defensive Player	
Name	Year
<i>Dale Comchi</i>	1992
<i>Shawn Wells</i>	1993
<i>Brad Higginson</i>	1994
<i>Kevin Rudolph</i>	1995
<i>Chris Renyk</i>	1996
<i>Chad Wells</i>	1997
<i>Joel Mrak</i>	1998
<i>Nick Hay</i>	2000
<i>Nick Hay</i>	2001
<i>Michael Stewart</i>	2002
<i>Patrick Leith</i>	2003
<i>Patrick Leith, Jeff Waldner</i>	2004
<i>Jerrod Mulder</i>	2005
<i>Nick Pietras</i>	2006
<i>Logan Redman</i>	2007
<i>Kas MacMillan</i>	2008
<i>Jessy Dyck</i>	2009
<i>Shane Dustan</i>	2010
<i>Troy Erikson</i>	2011
<i>Mikenson Firth, Troy Eriksen</i>	2012
<i>Mikenson Firth</i>	2013
<i>Alex Copeland</i>	2014
<i>Kyle Samiosette</i>	2015
<i>Shawn Adams</i>	2016
<i>Cole Stroud</i>	2017
<i>Denelson Jada</i>	2018

Male - Most Improved Player	
Name	Year
<i>Ryan Mucciarone</i>	2011
<i>Matthew Mantello</i>	2012
<i>Braydon Jetten, Alex Copeland</i>	2013
<i>Garrett Kawa</i>	2014
<i>Leif LeClaire</i>	2015
<i>Kaydon Davidson/Cole Stroud</i>	2016
<i>Avery Hoffman</i>	2017
<i>Nate Moreira</i>	2018

Cougar Athletic Awards - Basketball

Male - Top Varsity Scorer	
Name	Year
<i>Paul LeClaire</i>	<i>1977</i>
<i>Rob Fiorino</i>	<i>1978</i>
<i>Rob Fiorino</i>	<i>1979</i>
<i>Brad Koskowich</i>	<i>1980</i>
<i>Kevin Kinahan</i>	<i>1981</i>
<i>Frank Fraulin</i>	<i>1982</i>
<i>Frank Fraulin</i>	<i>1983</i>
<i>Mark Hoveling</i>	<i>1984</i>
<i>Dennis Fiorino</i>	<i>1985</i>
<i>Jim Kaminski</i>	<i>1986</i>
<i>Jim Kaminski</i>	<i>1987</i>
<i>Jim Kaminski</i>	<i>1988</i>
<i>John Ward</i>	<i>1989</i>
<i>Tom Rodzinyak</i>	<i>1990</i>
<i>Jason Czarny</i>	<i>1991</i>
<i>Jason Czarny</i>	<i>1992</i>
<i>Jason Czarny</i>	<i>1993</i>
<i>Rob Izsak</i>	<i>1994</i>
<i>Regan Lane</i>	<i>1995</i>
	<i>1996</i>
<i>Rob Slavich</i>	<i>1997</i>
<i>Rob Slavich</i>	<i>1998</i>
<i>Ryan Cain</i>	<i>1999</i>
<i>Juliano De Brito</i>	<i>2000</i>
<i>Darcy Day Chief</i>	<i>2001</i>
<i>Vince Vercillo</i>	<i>2002</i>
<i>Ken Mazurek</i>	<i>2003</i>
<i>Eric Dekens</i>	<i>2004</i>
<i>Eric Dekens</i>	<i>2005</i>
<i>Jeff Mazurek</i>	<i>2006</i>
<i>David Vander Lee</i>	<i>2007</i>
<i>Dario Pasquotti</i>	<i>2008</i>
<i>Shayne Pardiac</i>	<i>2009</i>
<i>Conor Delbello</i>	<i>2010</i>
<i>Taylor Jetten</i>	<i>2011</i>
<i>Nico Pasquotti</i>	<i>2012</i>
<i>Nico Pasquotti</i>	<i>2013</i>
<i>Rory Russell</i>	<i>2014</i>
<i>Keaton Josuttes</i>	<i>2015</i>

Male - Top Varsity Scorer	
Name	Year
<i>Leif LeClaire</i>	<i>2016</i>
<i>Nick Gibb</i>	<i>2017</i>
<i>CJ Hirsche</i>	<i>2018</i>

Basketball - Male - Most Valuable Player	
Name	Year
<i>Jason Czarny</i>	<i>1992</i>
<i>Rob Izsak</i>	<i>1993</i>
<i>Rob Izsak</i>	<i>1994</i>
<i>Regan Lane</i>	<i>1995</i>
<i>Brad Wall</i>	<i>1996</i>
<i>Chris Noss</i>	<i>1997</i>
<i>Rob Slavich</i>	<i>1998</i>
<i>Ryan Cain</i>	<i>1999</i>
<i>Kenny Wells, Juliano De Brito</i>	<i>2000</i>
<i>Darcy Day Chief</i>	<i>2001</i>
<i>Brendon Blood</i>	<i>2002</i>
<i>Ken Fuglerud</i>	<i>2003</i>
<i>Dave Collier</i>	<i>2004</i>
<i>A.J Kennedy</i>	<i>2005</i>
<i>Tom Collier</i>	<i>2006</i>
<i>Garrett Gruber</i>	<i>2007</i>
<i>Dario Pasquotti</i>	<i>2008</i>
<i>Dario Pasquotti</i>	<i>2009</i>
<i>Taylor Jetten</i>	<i>2010</i>
<i>Taylor Jetten</i>	<i>2011</i>
<i>Nico Pasquotti, Troy Eriksen</i>	<i>2012</i>
<i>Nico Pasquotti</i>	<i>2013</i>
<i>Rory Russell</i>	<i>2014</i>
<i>Rory Russell</i>	<i>2015</i>
<i>Leif LeClaire</i>	<i>2016</i>
<i>Luca Korosec</i>	<i>2017</i>
<i>CJ Hirsche</i>	<i>2018</i>

Cougar Athletic Awards Football

Football - Player's Player Award	
Name	Year
<i>Rob Bruchet</i>	1987
<i>Rob Bruchet</i>	1988
<i>Dennis Dorn</i>	1989
<i>Kevin Plaksey</i>	1990
<i>Dale Comchi</i>	1991
<i>Russell Gallant</i>	1992
<i>Scott Bishop</i>	1993
<i>Regan Lane</i>	1994
<i>Lydell Mack</i>	1995
<i>Mark Van Moorsel</i>	1996
<i>Alan Rice, Daniel Huneault</i>	1997
<i>Beau Callaghan</i>	1998
<i>Jose Rauda</i>	1999
<i>Todd No Runner</i>	2000
<i>Luis Rauda</i>	2001
<i>Evan Hemsing, John Nguyen</i>	2002
<i>Ed Motycka</i>	2003
<i>Chad Von Matt</i>	2004
<i>Tom Collier</i>	2005
<i>David Stefanuk</i>	2006
<i>Garret Giolo</i>	2007
<i>Shaun Westerson</i>	2008
<i>Peter Credico</i>	2009
<i>Kevin Bergsma</i>	2010
<i>Jared Delaney</i>	2011
<i>Logan Cale</i>	2012
<i>Carson Stickel</i>	2013
<i>Jared Dyck</i>	2014
<i>Brady Collier</i>	2015
<i>Tim Uchikura</i>	2016
<i>Justin Hurnanen</i>	2017

Football Defensive Player of the Year	
Name	Year
<i>Joe Herauf</i>	1983
<i>Mike Myndio</i>	1984
<i>Duane Kambeitz</i>	1985
<i>Paul Gleason</i>	1986
<i>Rob Tratch</i>	1987
<i>Rob Tratch</i>	1988
<i>Travis Gerla</i>	1989
<i>Rich Preuss</i>	1990
<i>Ryan Tratch</i>	1991
<i>Scott Tallman</i>	1992
<i>Warren Doepker</i>	1993
<i>Dana Chief Body</i>	1994
<i>Ryan Deck</i>	1995
<i>Calvin Scott</i>	1996
<i>Alan Rice</i>	1997
<i>Tyler Rice</i>	1998
<i>Scott Baker</i>	1999
<i>Todd No Runner</i>	2000
<i>Luis Rauda</i>	2001
<i>Evan Hemsing</i>	2002
<i>Ed Motycka</i>	2003
<i>Nick Pietras, Chance Lemisko</i>	2004
<i>Glenn Pirie, Nick Pietras</i>	2005
<i>Eric Motycka, Korey Reimer</i>	2006
<i>James Murray</i>	2007
<i>Jordan Curteanu</i>	2008
<i>Tyler Mantyak</i>	2009
<i>Lucas Neufeld, Riley Horvath</i>	2010
<i>Travis Viney</i>	2011
<i>Travis Arnoldussen</i>	2012
<i>Dru LeClaire, Josh Paisley</i>	2013
<i>Jared Dyck</i>	2014
<i>Leif LeClaire, Kahl Stickel</i>	2015
<i>Cole Stroud</i>	2016
<i>Reid LeClaire</i>	2017

Cougar Athletic Awards - Football

Most Valuable Player		Most Valuable Player	
Name	Year	Name	Year
St Francis Boys School		<i>Tim Clapton</i>	1991
<i>Mike Gleason</i>	1958	<i>Russell Gallant</i>	1992
<i>Veryl Todd</i>	1959	<i>Kris Indzeoski</i>	1993
<i>Jack Gleason</i>	1960	<i>Regan Lane, Dana Chief Body</i>	1994
<i>Bill Tedesco</i>	1961	<i>Lydell Mack</i>	1995
<i>Bob Harris</i>	1962	<i>Calvin Scott, Mario D'Agnone</i>	1996
<i>Danny Santoni</i>	1963	<i>Mario D'Agnone</i>	1997
<i>Gary Patience</i>	1964	<i>Tyler Rice</i>	1998
<i>Don Forster</i>	1965	<i>Beau Filkowski</i>	1999
<i>Don Forster</i>	1966	<i>Todd No Runner</i>	2000
Catholic Central High School		<i>Mark Feller</i>	2001
<i>Doug Hinds</i>	1967	<i>Ken Mazurek</i>	2002
<i>Aurelio Delbello</i>	1968	<i>Alex Klare</i>	2003
<i>Bill Harbuz</i>	1969	<i>Andrew Gruber</i>	2004
<i>Greg Royer</i>	1970	<i>Tom Collier, Jeff Mazurek</i>	2005
<i>Ed Krajewski</i>	1971	<i>Denton Lafournie, David Stefanuk</i>	2006
<i>Bob Parkyn</i>	1972	<i>Brad Erdos</i>	2007
<i>Guy Pomahac</i>	1973	<i>Travis Fay</i>	2008
<i>Dave Jackson</i>	1974	<i>Tyler Mantyak, Peter Credico</i>	2009
<i>Morgan Munroe</i>	1975	<i>Bryce Codan, Brennan VanNistelrooy</i>	2010
<i>Tim Gross</i>	1976	<i>Travis Viney, Nico Pasquotti</i>	2011
<i>Dave McLellan</i>	1977	<i>Nico Pasquotti</i>	2012
<i>Peter LeClaire</i>	1978	<i>Braydon Jetten</i>	2013
<i>Glenn Viney</i>	1979	<i>Carson Stickel</i>	2014
<i>Dave Stroud</i>	1980	<i>Leif LeClaire, Derek Sentes</i>	2015
<i>Kevin Stroud</i>	1981	<i>Levi Takashashi, Broden Mar</i>	2016
<i>Mario Meli</i>	1982	<i>Kai Sampson</i>	2017
<i>Gary Saler</i>	1983		
<i>Mike Myndio</i>	1984		
<i>Rob Krushel, Ed Kremenik</i>	1985		
<i>Ed Kremenik</i>	1986		
<i>Shawn Ball</i>	1987		
<i>Ian Walker</i>	1988		
<i>Anthony Kremenik</i>	1989		
<i>Travis Gerla</i>	1990		

Cougar Athletic Awards Football

Top Scorer	
Name	Year
<i>Tim Gross</i>	<i>1976</i>
<i>Walter Montina</i>	<i>1977</i>
<i>Peter LeClaire</i>	<i>1978</i>
<i>Glenn Viney</i>	<i>1979</i>
<i>Dave Stroud</i>	<i>1980</i>
<i>Mario Meli</i>	<i>1981</i>
<i>Mario Meli</i>	<i>1982</i>
<i>Gary Saler</i>	<i>1983</i>
<i>Tim Armstrong</i>	<i>1984</i>
<i>Ed Kremenik</i>	<i>1985</i>
<i>Ed Kremenik</i>	<i>1986</i>
<i>Mario Pasquotti</i>	<i>1987</i>
<i>Cory Knutson</i>	<i>1988</i>
<i>Anthony Kremenik</i>	<i>1989</i>
<i>Tim Clapton</i>	<i>1990</i>
<i>Tim Clapton</i>	<i>1991</i>
<i>Brett Stimson</i>	<i>1992</i>
<i>Brad Higginson</i>	<i>1993</i>
<i>Ryan Deck</i>	<i>1994</i>
<i>Joe Kelenc</i>	<i>1995</i>
<i>Mario D'Agnone</i>	<i>1996</i>
<i>Mario D'Agnone</i>	<i>1997</i>
<i>Beau Filkowski</i>	<i>1998</i>
<i>Beau Filkowski</i>	<i>1999</i>
<i>Mark Feller</i>	<i>2000</i>
<i>Dustin Smith</i>	<i>2001</i>
<i>Brady Nakama</i>	<i>2002</i>
<i>Alex Klare</i>	<i>2003</i>
<i>Blair Stolz</i>	<i>2004</i>
<i>Denton Lafournie, Tysun Tallman</i>	<i>2005</i>
<i>Denton Lafournie,</i>	<i>2006</i>
<i>Taylor Austin, Karlo Malik</i>	<i>2007</i>
<i>Rylund Ens</i>	<i>2008</i>
<i>Matteo Pasquotti</i>	<i>2009</i>
<i>Brennan VanNistelrooy</i>	<i>2010</i>
<i>Nico Pasquotti</i>	<i>2011</i>

Top Scorer	
Name	Year
<i>Nico Pasquotti</i>	<i>2012</i>
<i>Braydon Jetten</i>	<i>2013</i>
<i>Derek Sentes</i>	<i>2014</i>
<i>Derek Sentes</i>	<i>2015</i>
<i>Levi Takahashi, Cole Stroud</i>	<i>2016</i>
<i>Reid LeClaire</i>	<i>2017</i>

Football - Special Awards Anderson Iron Man Cup Top Performers	
Name	Year
<i>Aaron Royer</i>	<i>2012</i>
<i>Josh Paisley</i>	<i>2013</i>
<i>Derek Sentes</i>	<i>2014</i>
<i>Nate Pasquotti</i>	<i>2015</i>
<i>Cole Stroud</i>	<i>2016</i>
<i>Will Hughes</i>	<i>2017</i>

Cougar Athletic Awards Football

Rookie of the Year		Rookie of the Year	
Name	Year	Name	Year
St Francis Boys School		<i>Tyler Rice</i>	1996
<i>Doug Hinds</i>	1964	<i>Anthony Vercillo</i>	1997
<i>Gary Terleski</i>	1965	<i>Nick Hay</i>	1998
<i>Bill Harbuz</i>	1966	<i>Mark Feller</i>	1999
Catholic Central High School		<i>Brady Nakama</i>	2000
<i>Mike Mauro</i>	1967	<i>Alex Klare</i>	2001
<i>Dennis O'Connell</i>	1968	<i>David Lyon</i>	2002
<i>John Kostiuk</i>	1969	<i>Chance Lemisko, Jeff Mazurek</i>	2003
<i>Bob Parkyn</i>	1970	<i>David Stefanuk, Adam Selinger</i>	2004
<i>Guy Pomahac</i>	1971	<i>Hogan Short, Clinton Manybears</i>	2005
<i>Rick Berlando</i>	1972	<i>Brad Shaskin</i>	2006
<i>Morgan Munroe</i>	1973	<i>Tyler Mantyak</i>	2007
<i>Roman Ksiazek</i>	1974	<i>Zebb Reurink</i>	2008
<i>Dennis Kaupp, Dave Aberle</i>	1975	<i>Matteo Pasquotti</i>	2009
<i>Pete LeClaire, Randy Magierowski</i>	1976	<i>Nico Pasquotti</i>	2010
<i>Mike Stroud</i>	1977	<i>Joey Cavilla</i>	2011
<i>Dave Stroud</i>	1978	<i>Hunter Sorgard</i>	2012
<i>Kevin Stroud, Shawan Gilborn</i>	1979	<i>Leif Leclair</i>	2013
<i>Marcel Laramée</i>	1980	<i>Tyson Mead</i>	2014
<i>Mario Meli</i>	1981	<i>Levi Takahashi</i>	2015
<i>Michael Myndio</i>	1982	<i>Taylor Viney, Will Hughes</i>	2016
<i>Frank Szing</i>	1983	<i>Jackson Laurie/Dante Griffo/ Cole Friesen</i>	2017
<i>Ron Bodie</i>	1984		
<i>Mario Pasquotti</i>	1985		
<i>Ian Walker</i>	1986		
<i>Rob Tratch</i>	1987		
<i>Travis Gerla</i>	1988		
<i>Ryan Tratch</i>	1989		
<i>Chris Wyrostok</i>	1990		
<i>Clay Rook</i>	1991		
<i>Brad Higginson, Kris Indzeoski</i>	1992		
<i>Kevin Takasaki</i>	1993		
<i>Calvin Scott</i>	1994		
<i>Brad Barton, Mario D'Agnone, Alan Rice</i>	1995		

Cougar Athletic Awards - Football

Lineman of the Year	
Name	Year
<i>St Francis Boys School</i>	
<i>Rob Turner</i>	<i>1964</i>
<i>Jerry Grisak</i>	<i>1965</i>
<i>Duane Herbers</i>	<i>1966</i>
<i>Catholic Central High School</i>	
<i>Jim Zook</i>	<i>1967</i>
<i>Hubert Federkeil</i>	<i>1968</i>
<i>Rick Credico</i>	<i>1969</i>
<i>Robert Taylor</i>	<i>1970</i>
<i>Lyle Gallant</i>	<i>1971</i>
<i>Don Malesza</i>	<i>1972</i>
<i>Steve Devcic</i>	<i>1973</i>
<i>Barry Niedermier</i>	<i>1974</i>
<i>Roman Ksiazek, Craig Riech</i>	<i>1975</i>
<i>Raniero, Zucco</i>	<i>1976</i>
<i>Dennis Kaupp</i>	<i>1977</i>
<i>Kevin Sudo</i>	<i>1978</i>
<i>Glenn Viney</i>	<i>1979</i>
<i>Gary Daub</i>	<i>1980</i>
<i>Kevin Stroud</i>	<i>1981</i>
<i>Marcel Laramee</i>	<i>1982</i>
<i>Joe Meli</i>	<i>1983</i>
<i>Ed Schill, Frank Szing</i>	<i>1984</i>
<i>Glenn Jankowiak</i>	<i>1985</i>
<i>Kevin Garinger</i>	<i>1986</i>
<i>Shawn Ball</i>	<i>1987</i>
<i>Ian Walker</i>	<i>1988</i>
<i>Travis Gerla</i>	<i>1989</i>
<i>Travis Gerla</i>	<i>1990</i>
<i>Bryan Whelpley</i>	<i>1991</i>
<i>Jeff Johnson</i>	<i>1992</i>
<i>Warren Doepker</i>	<i>1993</i>
<i>Dana Chief Body</i>	<i>1994</i>
<i>Aaron Seeman</i>	<i>1995</i>

Lineman of the Year	
Name	Year
<i>Brad Barton</i>	<i>1996</i>
<i>Brad Barton</i>	<i>1997</i>
<i>Tyler Rice</i>	<i>1998</i>
<i>Scott Baker</i>	<i>1999</i>
<i>Jeff Park</i>	<i>2000</i>
<i>Louis Balog</i>	<i>2001</i>
<i>Adam Lazzaretto</i>	<i>2002</i>
<i>Nick Straat</i>	<i>2003</i>
<i>Kyle Dalton</i>	<i>2004</i>
<i>David Stefanuk, Patrick Rodney</i>	<i>2005</i>
<i>Chad Epp, Ryland Jacklin</i>	<i>2006</i>
<i>Troy Deazevedo</i>	<i>2007</i>
<i>Garret Vanderagen, Steve Daniel</i>	<i>2008</i>
<i>Bryce Herba</i>	<i>2009</i>
<i>Dustin Ledsham, Jordan Fruson</i>	<i>2010</i>
<i>Derek De Coste, Travis Arnoldussen</i>	<i>2011</i>
<i>Chad Keujer, Nicholas Schaaf</i>	<i>2012</i>
<i>Dru Leclair, Matthew Sentes</i>	<i>2013</i>
<i>Leif Leclair, Jared Dyck</i>	<i>2014</i>
<i>Leif Leclair</i>	<i>2015</i>
<i>Broden Mar</i>	<i>2016</i>
<i>Louie Amititi</i>	<i>2017</i>

Cougar Athletic Awards - Football

Most Improved Player	
Name	Year
<i>Mark Herauf</i>	1983
<i>Rob Krushel</i>	1984
<i>Rod Garinger</i>	1985
<i>John Dobirstern</i>	1986
<i>Tony Seskus</i>	1987
<i>Shaun Killins</i>	1988
<i>Tom Rodzinyak, Trevor Kish</i>	1989
<i>Scott Walker, Pete Syratt</i>	1990
<i>Chris Wyrostok</i>	1991
<i>Scott Bishop</i>	1992
<i>Regan Lane</i>	1993
<i>Nick Munroe, Gene Chu</i>	1994
<i>Toby Block, Aaron Duff</i>	1995
<i>Dallas Woodman, Paul Irvine</i>	1996
<i>Tyler Rice</i>	1997
<i>Steve Riley, Ryan Nakama</i>	1998
<i>Todd No Runner</i>	1999
<i>Dave Fehr</i>	2000
<i>Craig Mitchell</i>	2001
<i>Alex Klare, Brad Martin</i>	2002
<i>Kyle Dalton</i>	2003
<i>Brendan Coffey, Jeff Mazurek</i>	2004
<i>James Laforge, Patrick Shelson</i>	2005
<i>Lane Beebe, Taylor Austin</i>	2006
<i>Matt Grieve</i>	2007
<i>J.P. Theroux, Travis Corazza</i>	2008
<i>Evan Parr, Riley Horvath</i>	2009
<i>Jared Bourret</i>	2010
<i>Max Stroud, Aksel Tigley</i>	2011
<i>Gabe Mantello</i>	2012
<i>Jared Dyck</i>	2013
<i>Keaton Josuttes</i>	2014
<i>Riley Roosen</i>	2015
<i>Reid LeClaire, Jared Viney</i>	2016
<i>Kaymen Piper</i>	2017

Player Who Contributes the Most with the Least Recognition	
Name	Year
<i>St. Francis Boys School</i>	
<i>Paul Lowrie</i>	1965
<i>Les Hewlett</i>	1966
<i>Catholic Central High School</i>	
<i>John Molyneux</i>	1967
<i>Steve Mychasiuk</i>	1968
<i>George Rice</i>	1969
<i>Fred Hoffarth</i>	1970
<i>Jim Wilson</i>	1971
<i>Randy Royer</i>	1972
<i>Paul Burke</i>	1973
<i>Allan Boras</i>	1974
<i>Bill Grbavac</i>	1975
<i>Dave McLellan</i>	1976
<i>Dave Berlando</i>	1977
<i>Dave Seeman, Ken Rodzinyak</i>	1978
<i>Frank Zappone, Gerald Saccardo</i>	1979
<i>Brian LeClaire, Shawn Gilborn</i>	1980
<i>Len Desjarlais</i>	1981
<i>Norm Fallows</i>	1982
<i>Brent Bluekens</i>	1983
<i>Rocco Suriano, Duane Kambeitz</i>	1984
<i>Pat Kelly</i>	1985
<i>Mike Lynagh</i>	1986
<i>Paul Lefebvre, Mario Pasquotti</i>	1987
<i>Tony Seskus, Paul Lefebvre</i>	1988
<i>John Stiffarm</i>	1989
<i>Bryan Whelpley</i>	1990
<i>Dino Corazza</i>	1991
<i>Kelly Lambert, Brad Chief Body</i>	1992
<i>Lucas Ferguson</i>	1993
<i>Adam Johnson</i>	1994
<i>Calvin Scott, Grand Lau</i>	1995
<i>Alan Rice,</i>	1996

Cougar Athletic Awards - Football

Player - Least Recognition Continued	
Name	Year
<i>Shawn Klein</i>	1997
<i>Beau Filkowski, Anthony Vercillo</i>	1998
<i>Anthony Vercillo, Kelly Smerek</i>	1999
<i>Tom Carriere</i>	2000
<i>Chris Callaghan</i>	2001
<i>Shane Whiteford</i>	2002
<i>Ryan McKeown</i>	2003
<i>Thomas Santoso</i>	2004
<i>Adam Selinger, Joey Vercillo</i>	2005
<i>Adam Selinger, Logan Redman</i>	2006
<i>Justin Dyck</i>	2007
<i>Scott Elford</i>	2008
<i>Mark Boychuck</i>	2009
<i>Josh Dyck, Robert Van Andel</i>	2010
<i>Cole Fiedler</i>	2011
<i>Josh Paisley</i>	2012
<i>Alex Copeland</i>	2013
<i>Kahl Stickel</i>	2014
<i>Tyson Mead</i>	2015
<i>Tyson Mead</i>	2016
<i>CJ Hirsche</i>	2017

Credico Cup	
Name	Year
<i>Rob Gruninger</i>	1999
<i>Don Nguyen</i>	2000
<i>Brad Martin</i>	2001
<i>Andrew Gruber</i>	2002
<i>Andrew Gruber, Phil Atherton</i>	2003
<i>Andrew Gruber</i>	2004
<i>RJ Balog</i>	2005
<i>Garret Gruber</i>	2006
<i>Jordan Curteanu, Peter Credico</i>	2007
<i>Peter Credico</i>	2008
<i>Peter Credico</i>	2009
<i>Cole Fiedler</i>	2010
<i>Cole Fiedler</i>	2011
<i>Matthew Sentes</i>	2012
<i>Matthew Sentes</i>	2013
<i>Kahl Stickel</i>	2014
<i>Tim Uchikura</i>	2015
<i>Tim Uchikura</i>	2016
<i>Dominco Dagnone</i>	2017

Morgan Munroe Trophy DEDICATION TO OFF SEASON TRAINING	
Name	Year
<i>Kurtis Hawkins</i>	2010
<i>Matt Mantello</i>	2011
<i>Cole Fiedler</i>	2012
<i>Josh Paisley</i>	2013
<i>Michael Toth</i>	2014
<i>David Gould</i>	2015
<i>Rylen Wilson, Kaymen Piper</i>	2016
<i>Cody Harper</i>	2017

Offensive Player of the Year	
Name	Year
<i>Jacob Palmarin</i>	2011
<i>Hunter Sorgard</i>	2012
<i>Hunter Sorgard, Carson Stickel</i>	2013
<i>Carson Stickel</i>	2014
<i>Derek Sentes</i>	2015
<i>Levi Takahashi</i>	2016
<i>Kai Sampson</i>	2017

Cougar Athletic Awards - Football & Rugby



Junior Varsity Player of the Year	
Name	Year
<i>Nathan Koch, Ryan Tarnava</i>	2006
<i>Shane Dustan, Connor Grigg</i>	2007
<i>Evan Parr, Mark Boychuck</i>	2008
<i>Dylan Mantyak</i>	2009
<i>Trey McDonnell</i>	2010
<i>Braydon Jetten</i>	2011
<i>Aric Brooks</i>	2012
<i>Brian Pham, Kahl Stickel</i>	2013
<i>Brady Collier</i>	2014
<i>Brett Gross</i>	2015
<i>Donald Lynx</i>	2016
	2017

Junior Varsity Player of the Year	
Name	Year
<i>Nathan Koch, Ryan Tarnava</i>	2006
<i>Shane Dustan, Connor Grigg</i>	2007
<i>Evan Parr, Mark Boychuck</i>	2008
<i>Dylan Mantyak</i>	2009
<i>Trey McDonnell</i>	2010
<i>Braydon Jetten</i>	2011
<i>Aric Brooks</i>	2012
<i>Brian Pham, Kahl Stickel</i>	2013
<i>Brady Collier</i>	2014
<i>Brett Gross</i>	2015
<i>Donald Lynx</i>	2016
	2017

Girls Rugby Awards

Rugby - Cougar Award

Name	Year
<i>Hillary Shields</i>	2009
<i>Janae Nahirney</i>	2010
<i>Eilish Short</i>	2011
<i>Tiffany Geworsky</i>	2012
<i>Tiffany Geworsky, Stefani Lutterotti</i>	2013
<i>No Team</i>	2014

Rugby - Impact Back

Name	Year
<i>Holly Dalton</i>	2009
<i>Hillary Sheilds</i>	2010
<i>Holly Dalton</i>	2011
<i>Stefani Lutterotti</i>	2012
<i>Brittany McGinnis</i>	2013
<i>No Team</i>	2014

Rugby - Impact Forward

Name	Year
<i>Kennedy Clifton</i>	2009
<i>Massiella Moreira</i>	2010
<i>Katrina Overes</i>	2011
<i>Michelle Funk</i>	2012
<i>Joy Wielinga</i>	2013
<i>No Team</i>	2014

Rugby - Rookie of the Year

Name	Year
<i>Noelle Pigat</i>	2011
<i>Kelsey Nahirney</i>	2012
<i>Kristine Villaluna</i>	2013
<i>No Team</i>	2014

Cougar Athletic Awards - Volleyball

Female 110% Player

Name	Year
<i>Colene Graham</i>	1989
<i>Colene Graham</i>	1990
<i>Jennifer Forestell</i>	1991
<i>Francesca Cultrera</i>	1992
<i>Jennefer Pawlak</i>	1993
<i>Laura Mc Donnell</i>	1994
<i>Lisa Myndio</i>	1995
<i>Sonya Vatcher</i>	1996
<i>Keyy Jo Craddock</i>	1997
<i>Kelly Jo Craddock</i>	1998
<i>Jane Renyk</i>	1999
<i>Dalyce Armstrong</i>	2000
<i>Andria Pavan</i>	2001
<i>Karissa Schmidt</i>	2002
<i>Taryn Myhre</i>	2003
<i>Lindsay Balfour</i>	2004
<i>Katherine Lowings</i>	2005
<i>Janelle Groten</i>	2006
<i>Janelle Delbello</i>	2007
<i>Aleigha Hopkins</i>	2008
<i>Courtenay Farrington, Cassie Mucciarone</i>	2009
<i>Stephanie Groten, Anna Schwark</i>	2010
<i>Nisali Mediwake, Sydney Voogel</i>	2011
<i>Alycia Amatto</i>	2012
<i>Kelsey O'Donnell</i>	2013
<i>Mylanda Miller</i>	2014
<i>Ellie Kabayama</i>	2015
<i>Nikki Stahl</i>	2016
<i>Molly Petryshyn</i>	2017
<i>Madeline Vanden Elzen</i>	2018

Female MVP

Name	Year
<i>Martina Szilagyi</i>	1986
<i>Vanessa Upton</i>	1987
<i>Sharon Stoinski</i>	1988
<i>Tanya Huggins, Evelyn Scholten</i>	1989
<i>Tanya Huggins</i>	1990
<i>Robin Murphy</i>	1991
<i>Jennifer Forestell</i>	1992
<i>Cori Watson</i>	1993
<i>Trish Whimster</i>	1994
<i>Michelle Gibb</i>	1995
<i>Anita Nelis</i>	1996
<i>Brianne Robertson</i>	1997
<i>Michelle Kincheloe</i>	1998
<i>Jamie Kincheloe</i>	1999
<i>Amada Weitz</i>	2000
<i>Chantel Mulder</i>	2001
<i>Kelsey Jespersen</i>	2002
<i>Melissa Weitz</i>	2003
<i>Teneille Mulder</i>	2004
<i>Gina Goruk, Kenzie Van Nistelrooy</i>	2005
<i>Kala Van Buuren</i>	2006
<i>Kelsey Huculak</i>	2007
<i>Ashlyn Merriman</i>	2008
<i>Alison Linton</i>	2009
<i>Katie Lowen</i>	2010
<i>Jessica Vos, Katie Fetting</i>	2011
<i>Shareen Monaghan, Mariah Miller</i>	2012
<i>Shareen Monaghan</i>	2013
<i>Cassie Kawa</i>	2014
<i>Taya Mikado/Mylanda Miller</i>	2015
<i>Jelena Dyck/Ellie Kabayama</i>	2016
<i>Venessa Boone</i>	2017
<i>Amaya Perry</i>	2018

Cougar Athletic Awards - Volleyball

Female Defensive Player

Name	Year
<i>Diana Smits</i>	1986
<i>Crey Stanko</i>	1987
<i>Carla Sharpe</i>	1988
<i>Janice Gyorkos</i>	1989
<i>Janice Gyorkos</i>	1990
<i>Jennefer Pawlak</i>	1991
<i>Jennefer Pawlak</i>	1992
<i>Melanie Marek</i>	1993
<i>Sarah Joly</i>	1994
<i>Nicole McKenzie</i>	1995
<i>Brianne Robertson</i>	1996
<i>Sonya Vatcher</i>	1997
<i>Callie Brosz</i>	1998
<i>Jackie Stroeve</i>	1999
<i>Jackie Stroeve</i>	2000
<i>Maggie Fox</i>	2001
<i>Melissa Weitz</i>	2002
<i>Stacey Robertson</i>	2003
<i>Taryn Myhre</i>	2004
<i>Breanna Quan</i>	2005
<i>Ashley Day Chief</i>	2006
<i>Kendra Huculak</i>	2007
<i>Kendra Huculak</i>	2008
<i>Kyo Farrington</i>	2009
<i>Kyo Farrington</i>	2010
<i>Isabelle Huel</i>	2011
<i>Mariah Besplug</i>	2012
<i>Lindsay Amatto</i>	2013
<i>Kelsey O'Donnell</i>	2014
<i>Delaney Wikenheiser</i>	2015
<i>Delaney Wikenheiser</i>	2016
<i>Samantha Mikado</i>	2017
<i>Khloe Jankowiak</i>	2018

Female Rookie of the Year

Name	Year
<i>Carla Sharpe</i>	1986
<i>Sharon Stoinski</i>	1987
<i>Janice Gyorkos</i>	1988
<i>Nicole Lee</i>	1989
<i>Crystal Kain</i>	1990
<i>Jennifer Slavich</i>	1991
<i>Melanie Marek</i>	1992
<i>Trish Whimster</i>	1993
<i>Michelle Gibb</i>	1994
<i>Brianne Robertson</i>	1995
<i>Michelle Kincheloe</i>	1996
<i>Jane Renyk</i>	1997
<i>Jackie Stroeve</i>	1998
<i>Pat Mielcarek</i>	1999
<i>Kelsey Jespersen</i>	2000
<i>Christine Montana</i>	2001
<i>Teneille Mulder</i>	2002
<i>Diyon Van Nistelrooy</i>	2003
<i>Kenzie Van Nistelrooy, Gina Goruk</i>	2004
<i>Kala Van Buuren</i>	2005
<i>Amanda Harnos</i>	2006
<i>Karlee Gunderson</i>	2007
<i>Cassie Mucciarrone</i>	2008
<i>Stephanie Groten</i>	2009
<i>Jessica Vos, Sydney Voogel</i>	2010
<i>Kory Cheshire</i>	2011
<i>Cassandra Kawa</i>	2012
<i>Mylanda Miller</i>	2013
<i>Shelby O'Donnell</i>	2014
<i>Jelena Dyck</i>	2015
<i>Madeline Vander Elzen</i>	2016
<i>Amaya Perry</i>	2017
<i>Drew Dortman</i>	2018

Cougar Athletic Awards - Volleyball

Female JV Core Covenant Award

<i>Keeley Watt</i>	<i>2012</i>
<i>Quinn Sampson</i>	<i>2013</i>
<i>Ellie Kabayama</i>	<i>2014</i>
<i>Makayla Koshuta/Maitlynn Miller</i>	<i>2015</i>
<i>Natalia Bartosek</i>	<i>2016</i>
<i>Charlotte Perry/Olivia Roest</i>	<i>2017</i>
<i>Jayla Shields</i>	<i>2018</i>

Male JV Core Covenant Award

<i>Tim Vos</i>	<i>2012</i>
<i>Dylan Bilyk</i>	<i>2013</i>
<i>Sean Sander</i>	<i>2014</i>
<i>Logan Boras/Nolan Jetten</i>	<i>2015</i>
<i>Nolan Walls</i>	<i>2016</i>
<i>Benoit LaForge</i>	<i>2017</i>
<i>Adam Boras</i>	<i>2018</i>

Male 110% Player

Name	Year
<i>Chris McDougal</i>	<i>1989</i>
<i>Clay Rook</i>	<i>1990</i>
<i>Dennis Munroe</i>	<i>1991</i>
<i>Terry Villeneuve</i>	<i>1992</i>
<i>Brad Plausteiner</i>	<i>1993</i>
<i>Brad Plausteiner</i>	<i>1994</i>
<i>James Wagner</i>	<i>1995</i>
<i>Chris Noss</i>	<i>1996</i>
<i>Brad Kirchmayer</i>	<i>1997</i>
<i>Mark Weitz</i>	<i>1998</i>
<i>Steven Peters</i>	<i>1999</i>
<i>Justin Seitz</i>	<i>2000</i>
<i>Nathan Bruneau</i>	<i>2001</i>
<i>Luc Carriere</i>	<i>2002</i>
<i>Luc Carriere</i>	<i>2003</i>
<i>Jesse Van Buuren</i>	<i>2004</i>
<i>Cam Fuglerud</i>	<i>2005</i>
<i>Jordan Pavan</i>	<i>2006</i>
<i>Kam Mediwake</i>	<i>2007</i>
<i>Matt Bourret</i>	<i>2008</i>
<i>Evan Cowan</i>	<i>2009</i>
<i>Josh Makin</i>	<i>2010</i>
<i>Adam Riedlhuber</i>	<i>2011</i>
<i>Shane Dawson, Tim Loewen</i>	<i>2012</i>
<i>Tim Vos</i>	<i>2013</i>
<i>Nolan Campbell</i>	<i>2014</i>
<i>Nolan Jetten</i>	<i>2015</i>
<i>Jameel Abdela</i>	<i>2016</i>
<i>Jeremiah Bohnert</i>	<i>2017</i>
<i>Zachery Nagata</i>	<i>2018</i>

Cougar Athletic Awards - Volleyball

Male MVP

Male Defensive Player

Name	Year
<i>Dan Martyna</i>	1986
<i>Mike Zimmer</i>	1987
<i>Jason Kolyshe</i>	1988
<i>Steve Ivan</i>	1989
<i>Tuan Pham</i>	1990
<i>Tuan Pham</i>	1991
<i>Rob Izsak</i>	1992
<i>Byron Bruneau</i>	1993
<i>Darren Plausteiner</i>	1994
<i>Chad Wells</i>	1995
<i>Rob Slavich</i>	1996
<i>Rob Slavich</i>	1997
<i>Joel Mrak</i>	1998
<i>Mark Weitz, Devin Mulder</i>	1999
<i>Devin Mulder</i>	2000
<i>Brian Nelis, Ben Van Deurzen</i>	2001
<i>Mike Stewart, Chris Goruk</i>	2002
<i>Allen Peters</i>	2003
<i>Jerrod Mulder</i>	2004
<i>Jeff Marthaller</i>	2005
<i>Mike Hawkins</i>	2006
<i>Devon Van Nistelrooy</i>	2007
<i>Eric Hinman</i>	2008
<i>Travis Riedlhuber</i>	2009
<i>Taylor Jetten, Connor Hinman</i>	2010
<i>Brett Parkin, Connor Hinman</i>	2011
<i>Adam Riedlhuber</i>	2012
<i>Stephen Primeau</i>	2013
<i>Zach Wikenheiser</i>	2014
<i>Jared Boras/Andrew Primeau</i>	2015
<i>Cam Visscher</i>	2016
<i>Quinn Buchanan</i>	2017
<i>Jack Gaehring</i>	2018

Name	Year
<i>Jason Kolyshe</i>	1986
<i>Steve Dudas</i>	1987
<i>Mike Zimmer</i>	1988
<i>Mike Bierman</i>	1989
<i>Gordon Chee</i>	1990
<i>Brad Higginson</i>	1991
<i>C.J. Higginson</i>	1992
<i>Terry Villeneuve</i>	1993
<i>Kevin Rudolph</i>	1994
<i>Travis Smith</i>	1995
<i>Anthony Holgate</i>	1996
<i>Anthony Holgate</i>	1997
<i>Mark Krezlewicz</i>	1998
<i>Mark Krezlewicz</i>	1999
<i>Dustin Farfus</i>	2000
<i>Dustin Verhaeghe</i>	2001
<i>Aaron Shimek</i>	2002
<i>Jeff Waldner</i>	2003
<i>Jordan Bennett</i>	2004
<i>Jesse Vanderhayden</i>	2005
<i>Justin Quintin</i>	2006
<i>Ruben Koppe</i>	2007
<i>Aron Fredrick</i>	2008
<i>Robbie Prindle</i>	2009
<i>Cooper Lyon</i>	2010
<i>Cooper Lyon</i>	2011
<i>Mitch Dawson, Desmond Makin</i>	2012
<i>Ben Kelly</i>	2013
<i>Ben Kelly</i>	2014
<i>Matt Cereza</i>	2015
<i>Nolan Jetten</i>	2016
<i>Nolan Jetten</i>	2017
<i>Jens Watts, Nash Shipton</i>	2018

Cougar Athletic Awards - Volleyball / Slo pitch

Male Rookie of the Year

Name	Year
<i>Chris Duncan</i>	1986
<i>Steve Ivan</i>	1987
<i>Ian Miller</i>	1988
<i>Jason Czarny, Chris Wyrstok</i>	1989
<i>Mike Verhage</i>	1990
<i>Rob Izsak</i>	1991
<i>Kevin Rudolph</i>	1992
<i>Darren Plausteiner</i>	1993
<i>Chad Wells</i>	1994
<i>Rob Slavich</i>	1995
<i>Joel Mrak</i>	1996
<i>Ryan Cain</i>	1997
<i>Devin Mulder</i>	1998
<i>Brian Nelis</i>	1999
<i>Ben Van Deurzen</i>	2000
<i>Chris Goruk</i>	2001
<i>Ken Fuglerud</i>	2002
<i>Jesse Van Buuren</i>	2003
<i>Jeff Marthaller</i>	2004
<i>Devon Van Nistelrooy</i>	2005
<i>Kyle Lohrenz</i>	2006
<i>Eric Hinman</i>	2007
<i>Travis Riedlhuber</i>	2008
<i>Taylor Jetten, Connor Hinman</i>	2009
<i>Brett Parkin</i>	2010
<i>Blake Furgeson</i>	2011
<i>Ben Kelly</i>	2012
<i>Zach Wikenheiser</i>	2013
<i>Andrew Primeau</i>	2014
<i>Sean Sanders</i>	2015
<i>Quinn Buchanan</i>	2016
<i>Nash Shipton</i>	2017
<i>Tommy Awoderu</i>	2018



Slo pitch	
Core Covenant Award	
<i>Cassie Kawa, Kara Popson</i>	2015
	2016
	2017

Slo pitch - MVP	
<i>Terra Kaskiw</i>	2008
Aryn Bartoshyk	2009
Courtenay Farrington, Aryn Bartoshyk	2010
Sarah Weninger	2011
Sarah Weninger	2012
Caitlain Langhofer, Mariah Besplug	2013
Tricia Van Vaerenbergh	2014
Tyler Gouw	2015
	2016
	2017

Slo pitch - Best Defensive Player	
Whitney Balog	2008
Courtenay Farrington	2009
Sarah Weninger	2010
Andrea Kobbert	2011
Nikki Furukawa	2012
Tricia Vaerenbergh	2013
Kirsten Gulkiewich	2014
Kirsten Gulkiewich	2015
	2016
	2017

Cougar Athletic Awards - Slo pitch / Baseball



Slo pitch - 110% Player	
Courtenay Farrington	2008
Cassie Mucciarone	2009
Cassie Mucciarone	2010
Quinn Andre	2011
Mariah Besplug	2012
Jessica Duncan	2013
Cassie Kawa	2014
Alyssa Van Vaerenbergh	2015
	2016
	2017

Slo pitch - Most Improved	
Destiny St. Amand	2008
Hillary Derksen	2009
Hannah Gruber	2010
Taya Keujer	2011
Jessica Vaile	2012
Lyndee Saler	2013
Tyler Gouw	2014
Award no longer presented	2015
	2016
	2017

Slo pitch - Rookie of the Year	
Chelsea Steinkey	2008
Vanessa Monaghan	2009
Sarah Weninger	2010
Katie Lowen	2011
Caitlin Langhofer	2012
Shareen Monaghan, Kirsten Gulkiewich	2013
Madeline Szabo	2014
Quinn Sampson	2015
Zach Trepner/ Jeremiah Bohnert	2016
Skyler Vaselenak	2017

Baseball - Most Valuable Player Award	
<i>Blair Watson</i>	1994
<i>Blair Watson</i>	1995
<i>Mark Besnak</i>	1996
<i>Ryan Miller</i>	1997
<i>Jeff Weitz</i>	1998
<i>Steven Peters</i>	1999
<i>Brent Wandler</i>	2000
<i>Nathan Lowrie</i>	2001
<i>Joe Legge</i>	2002
<i>Ken Fuglerud</i>	2003
<i>Allen Peters</i>	2004
<i>Braeden Horon</i>	2005
<i>Brock Fulkerth</i>	2006
<i>Brock Fulkerth</i>	2007
<i>Rylan Wiest / Cole Lencucha</i>	2008
<i>Taylor Romaniuk</i>	2009
<i>Sean MacLean</i>	2010
<i>Sean Maclean</i>	2011
<i>Matt Malec</i>	2012
<i>Justin Strum</i>	2013
<i>Nick Ankermann</i>	2014
<i>Byrce deBoer</i>	2015
<i>Lukas Ankermann</i>	2016
<i>Torin Vaselenak</i>	2017

Cougar Athletic Awards - Baseball

Rookie of the Year	
<i>Mark Bosnak</i>	1994
<i>Ryan Miller</i>	1995
<i>David Legge</i>	1996
<i>Henry Gorcyca</i>	1997
<i>Brent Wandler</i>	1998
<i>Nathan Lowrie</i>	1999
<i>Brandon Magierowski</i>	2000
<i>Ken Fulglerud / James Dawson</i>	2001
<i>Allen Peters</i>	2002
<i>Matt Smith</i>	2003
<i>Tom Collier</i>	2004
<i>Matt Weninger</i>	2005
<i>Adrian Diakow</i>	2006
<i>Cole Lencucha</i>	2007
<i>Blair Balog</i>	2008
<i>Sean MacLean</i>	2009
<i>Matthew Malec</i>	2010
<i>Tanner Shirakawa / Nicholas Ankerman</i>	2011
<i>Desmond Makin / Brett Tamayose</i>	2012
<i>Bryce deBoer</i>	2013
<i>Lucas Ankermann</i>	2014
<i>Dylan Wachtler</i>	2015
<i>Zach Trempner/Jeremiah Bohnert</i>	2016
<i>Skyler Vaselenak</i>	2017

Top Pitcher	
<i>Matt Smith</i>	2004
<i>Matt Smith</i>	2005
<i>Kyle Rokosh</i>	2006
<i>Cale Wright</i>	2007
<i>Cole Lencucha</i>	2008
<i>Blair Balog</i>	2009
<i>Justin Edgar</i>	2010
<i>Matthew Malec</i>	2011
<i>Justin Sturm</i>	2012
<i>Nick Ankermann</i>	2013
<i>Bryce Fraser</i>	2014
<i>Lukas Ankermann</i>	2015
<i>Lukas Ankermann</i>	2016
<i>Lukas Ankermann</i>	2017

JV Most Improved Player	
<i>Lamont Healy</i>	2003
<i>Kylle Rokosh</i>	2004
<i>Riley Fowler</i>	2005
<i>Brody Carter</i>	2006
<i>No JV Team</i>	2007
<i>No JV Team</i>	2008
<i>No JV Team</i>	2009
<i>No JV Team</i>	2010
<i>No JV Team</i>	2011
<i>Nicholas Schaaf</i>	2012
<i>No Team</i>	2013
<i>No Team</i>	2014
<i>No Team</i>	2015
	2016
	2017

JV Most Dedicated Player	
<i>Allen Peters</i>	2003
<i>Andrew Grubber</i>	2004
<i>Paige Kreeft</i>	2005
<i>Patrick Bartoshyk</i>	2006
<i>No JV Team</i>	2007
<i>No JV Team</i>	2008
<i>No JV Team</i>	2009
<i>No JV Team</i>	2010
<i>No JV Team</i>	2011
<i>Brandt Anderson</i>	2012
<i>No Team</i>	2013
<i>No Team</i>	2014
<i>No Team</i>	2015
	2016
	2017