



ST. FRANCIS JUNIOR HIGH

## Grade 7 Investigative Options

### Quarter 3, Period 5

**Course:** FNMI Studies

**Teacher:** Joel Tailfeathers

**Note:** This option must be taken in both quarter 3 and 4

**Description:** This course addresses First Nation, Metis and Inuit content. Lethbridge (Sikoohtokoki) is located right in the heart of Niitawah'siin (Blackfoot Territory) and will have a Siksikaitapii (Blackfoot Confederacy) emphasis including language, culture and history. Since Sikoohtokoki is geographically located closest to Kainai (Blood Tribe) all Blackfoot language lessons will be from a Kainai dialect.

**Course:** Cosmetology 7

**Teacher:** Kimberley Edmonds

**Description:** Cosmetology 7 will be an introductory course to teach students to appreciate that one's appearance is a mode of communication with others. Students will have the opportunity to learn and practice basic hair care skills such as various braiding and curling techniques. They will also learn basic nail care and how to properly apply nail polish.

**Course:** Play Creation 7

**Teacher:** Dino Caputo

**Description:** In this course you'll learn the basics of planning and creating a short play . You'll learn how to work in a group to create a common goal and outcome. You'll gain experience in the different aspects of theatre. This course will empower you with the ability to create and perform your original play creation to your peers.

**Course:** Quilting for Beginners

**Teacher:** Kelly Rypien

**Description:** Students will learn how to sew, by hand, (measure seams, thread a needle, knot thread) a 4x4 square that will be sewn together into one large quilt. Students will be taken through the steps of backing the quilt and sewing in the quilting cotton and will also be shown how to bind the quilt. We will then donate it to an organization in Lethbridge. (ie.YWCA Harbour House, etc.)

**Course:** Songwriting

**Teacher:** Chris Hartman

**Description:** For all writers, singers, musicians, and aspiring recording artists, this option is for you. In this class you will learn the process of writing and possibly recording your own tune. Whether it be by yourself or with a partner, you will definitely enjoy learning how to create and perform your own lyrics and melody. It can be a country or pop hit, or a jingle for a radio or television advertisement just to give you an idea. It is an asset to know how to play an instrument like the guitar or the piano, but you certainly don't need to. Just bring your creativity, talents, and positive attitude and you'll see what you are capable of creating.

**Course:** Watercolour

**Teacher:** Kathryn Domes

**Description:** In this class, students will be introduced to watercolour paint and pencil techniques and learn about the history of watercolour. They will experiment with different colour effects and work in both 2 and 3 dimensions. A guest speaker will visit the classroom near the beginning of the term and discuss his work.

### Quarter 3, Period 6

**Course:** Contemporary Dance

**Teacher:** Kristen Mazzuca

**Description:** The main goal of this investigative option is for students to learn the basics of contemporary dance, while working with a group to choreograph various dance pieces.

**Course:** Beginner Guitar

**Teacher:** Chris Hartman

**Note:** This option must be taken in both quarter 3 and 4

**Description:** This is a beginner guitar course perfect for the student who has never picked up the guitar but has always wanted to give it a try. Our main focus will be the acoustic guitar. You will have the opportunity to learn and practice the technical skills you need in order to make acoustic guitar playing enjoyable. You will also have the opportunity to increase your library of popular music, as you will be using the skills you learn in order to play various pop/rock/country/folk tunes. The best thing about the guitar is that you can take it and play it anywhere. Music is an amazing art form that not only helps you discover who you are, but allows you to grow in confidence as you learn how to effectively and creatively express your emotions, opinions and ideas to others.

**Course:** Improv 7

**Teacher:** Dino Caputo

**Description:** Have you ever wanted to be able to walk onto a stage, capture the attention of the audience and make them laugh until it hurts? Not an easy skill for just anyone to do. But learning the art of improvisation, or comedy you make up on the spot, can show you how it can be done. The art of improvisation will focus on how to harness your creative energy into

fun, enjoyable and hilarious scenes that you make up right then and there with others who are just as eager to deliver laugh after laugh. Learn how to harness your spontaneity and comfortably express it on the stage. Explore how to work with others to build scenes that nobody has ever seen before. In Improv, you are the writer and performer, and it's all coming together for the first time right in front of your eyes.

**Course:** Parables By Puppets

**Teacher:** Maria Zappone

**Description:** The simple lessons taught through parables are all that much stronger while changing the media through which the stories are told. Imagine the story of the Good Samaritan told by sock puppets! This investigative option allows the student to spend time creating the puppet characters and re-writing the parables to fit the puppet characters while maintaining the parable lessons. The student who should participate in this option class should enjoy creating the sock puppets and writing parables into a script. A fee of \$5.00 is applied to this option for the materials which will be purchased to create the puppet stage and the material for each character puppet.

**Course:** Watercolour

**Teacher:** Kathryn Domes

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**Course:** Homework Support

**Teacher:** Raelene Archibald

**Description:** To provide a quiet and supportive setting for each student to complete the work required by their various subject area teachers.

#### Quarter 4, Period 5

**Course:** Book Club

**Teacher:** Kelly Rypien

**Description:** Students will be given an opportunity to read their own novels and take the corresponding tests, allowing them a chance for extra Renaissance Reading points in their Language Arts classes. Upon completion of a novel, students will be asked to fill out a Book Review form and present it to the class. A total of at least 3 novels will have to be completed in this time frame.

**Course:** Cosmetology 7

**Teacher:** Kimberley Edmonds

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that one's appearance is a mode of communication with others. Students will have the opportunity to learn and practice basic hair care skills such as various braiding and curling techniques. They will also learn basic nail care and how to properly apply nail polish.

**Course:** Math Card Games

**Teacher:** Chris Hartman

**Description:** In this option you will have the opportunity to refine your skills with basic operations in math by learning, playing, developing, and teaching fun, competitive card and dice games.

**Course:** Printmaking

**Teacher:** Kathryn Domes

**Description:** This Investigative Option will introduce students to a variety of printmaking techniques such as stamp and foam with brayer and ink in order to create eye-catching, 2-dimensional compositions.

**Course:** Stage Design 7

**Teacher:** Dino Caputo

**Description:** Have you ever seen a show on stage and been amazed by the spectacular sets that seem to come to life as actors work. Creating sets is a very diverse and exciting field in the world of theatre, and this class will start you on your way to learn exactly how to design a set for a stage play. You will design and create your own model set for the stage. Come learn how to stretch your imagination to its limit to create something special that is truly your own.

## Quarter 4, Period 6

**Course:** Choreography

**Teacher:** Kristen Mazzuca

**Description:**

The main goal of this investigative option is for students to learn the basics of choreography, while working with a group to choreograph various dance pieces.

**Course:** Floor and Spikeball 7

**Teacher:** Dino Caputo

**Description:** In this course you will play Floorball and Spikeball, two of the new up and coming games. We will create a competitive, challenging and enjoyable environment. We will do it in a tournament format.

**Course:** Parables By Puppets

**Teacher:** Maria Zappone

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**Teacher:** Raelene Archibald

**Description:** To provide a quiet and supportive setting for each student to complete the work required by their various subject area teachers.

# Grade 7 Planner

Student Name: \_\_\_\_\_

Homeroom: \_\_\_\_\_ Lottery Number: \_\_\_\_\_

**Note: options are not allowed to be taken more than one time.**

## Quarter 3

### Period 5

Top choice:	
Second choice:	
Third choice:	

### Period 6

Top choice:	
Second choice:	
Third choice:	

## Quarter 4

### Period 5

Top choice:	
Second choice:	
Third choice:	

### Period 6

Top choice:	
Second choice:	
Third choice:	